Welcome to today's webinar
Caring for Adolescent and Young Adult Males: Tools for Clinicians

Phone lines have been muted upon entry.
The webinar will begin at 3:00 pm Eastern Time.
The host and presenters are currently in a subconference.
If you have urgent questions, please call 510-835-3700.

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Materials for today’s webinar are posted on the NTC event page at:
http://fpntc.org/event/caring-for-adolescent-and-young-adult-males-tools-for-clinicians

You may ask a written question at any time.
Send questions through “Q&A”
I will type responses to technical questions. Presenters will address most content-related questions verbally at designated Question & Answer periods.

Click the “All” tab to see all typed questions and answers.

CNE Disclosures and Conflicts of Interest

The planners and presenters of this CNE activity have disclosed no conflict of interest including no relevant financial relationships with any commercial companies pertaining to this CNE activity.

Caring for Adolescent and Young Adult Males: Tools for Clinicians

The Health Provider Toolkit for Adolescent and Young Adult Males
Engaging Young Men Into Care
Dennis J. Barbour, JD
David L. Bell, MD, MPH
October 16, 2014
Acknowledgements

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Learning Objectives

Upon completion of this webinar participants will be able to:

1. Describe the unique health care needs of males ages 12 through 26
2. Identify resources available to assist in delivering health care to this population
3. Identify ways that resources for the care of young men can be integrated into professional practice in the clinic setting

Today’s Speakers

Dennis Barbour, JD
The Boys Initiative and The Partnership for Male Youth
Washington, DC

David L. Bell, MD, MPH
Columbia University Medical Center (CUMC)
New York, NY
Part One:
The Partnership for Male Youth and
The Health Provider Toolkit

Dennis J. Barbour, JD
Executive Director
The Partnership for Male Youth

No relationships to disclose

What is the Partnership?

22 national health organizations and six federal agencies

The Partnership for Male Youth
Partner Organizations as of September 2014

- Advocates for Youth
- American Association of Suicidology
- American Sexual Health Association
- American Academy of Child and Adolescent Psychiatry
- Association of Reproductive Health Professionals
- The Boys Initiative
- California Adolescent Health Collaborative
- Center for Health and Health Care in Schools
- The Foundation for Men’s Health
- Healthy Teen Network

- International Society of Men’s Health
- The Jed Foundation
- Joint Center for Economic and Political Studies
- National Alliance to Advance Adolescent Health
- National Association of Pediatric Nurse Practitioners
- National Association of School Nurses
- National Family Planning and Reproductive Health Association
- Physicians for Reproductive Health
- School-Based Health Alliance
- SHAPE America
- Society for the Psychological Study of Men and Masculinity

Office of Family Planning, Office of Population Affairs, HHS
Substance Abuse and Mental Health Services Administration
Compared to females, Adolescent and young adult (AYA) males

- Are 4X more likely to die of homicides or completed suicides
- Are 2X more likely to have an unintended injury
- Are more likely to engage in substance abuse.
- Are 3X more likely to have an ADHD diagnosis
- Are more likely to have anxiety and other depressive disorders that lead to gender based risky behaviors and violence

Compared with females, AYA males are less likely to have:

- a usual source of health care,
- visited a doctor in the past 12 months,
- had an emergency department visit in the past 12 months

What’s the main reason young males receive inadequate healthcare?
So we asked some questions

- Who is providing care, in what clinical environments and in what specialty areas?
- Is there a consensus among stakeholders that a toolkit approach is needed and appropriate? (interviews with over 150 organizations, researchers and health care providers)

CONCLUSION: THIS IS NEEDED

Who did this work?
Steering Committee and Advisory Board

Clinicians from the fields of reproductive health, mental health, social work, substance abuse, primary care, preventive medicine and urology

What is it?
What's Next?

Part Two: Engaging Males into Care

David L. Bell, MD, MPH
Medical Director, Family Planning Program and Young Men’s Clinic
New York Presbyterian Hospital
Associate Professor of Pediatrics and of Population and Family Health
Columbia University Medical Center
No relationships to disclose

BARRIERS FOR YOUNG MEN IN ENTERING THE HC SYSTEM
FACILITATORS FOR YOUNG MEN IN ENTERING THE HC SYSTEM

Engaging Males

Creating

Naming

Marketing

Creating

- Staff training and supervision
- Involve males
- Welcoming program environment
- Services matched to the needs of the targeted group
- Guidelines & protocols
Staff Training

- Guidelines and Best Practices
- Approaches to working with males
- Skills

Guidelines and Best Practices

- AYA Male Health Toolkit

- Arik Marcell, MD – Webinar, October 3rd
  [www.fpntc.org](http://www.fpntc.org) - Go to “Events” and then click “View past events”

Approaches

- Strength-based
- Trauma-Informed
Strength-based Approach

- Like resiliency, these models are not blind to risk,
  - but they approach them in the context of the young person's strengths.
  - promote strengths,
  - show respect
  - and are more likely to engage the young person in reducing risk.
- Focus on who they are and what the hope to accomplish

What is Trauma?

- Experiences that are:
  - Emotionally painful
  - Distressing
  - Reduced capacity to cope.
  - "The powerlessness that a person experiences is the primary trait of traumatization."

Trauma can be subtle and insidious

Does not have to be outside of our everyday experiences. It can be chronic.

Gender norms and masculinity can be traumatizing

- Emotional stoicism
- Autonomy/Independence
- Strength
- Self-reliance


A program, organization or system can change to be trauma-informed
- Service delivery can often mimic the traumatic experiences that have proven so harmful to the clients served

Substance Abuse and Mental Health Services Administration

Key Principles of a Trauma Informed Approach?

- Safety
- Trustworthiness and Transparency
- Supportive
- Collaboration and Mutuality
- Empowerment

Substance Abuse and Mental Health Services Administration
Our connection can be important!

“The most protective factor for children and adolescents who have experienced trauma is a healthy relationship with at least one caring adult”.


Marketing

“In”reach

Outreach

Creative Approaches for “In” and Outreach

• Let your females know.
• Create linkages in the community.
  – Anyone that works with large groups of males in your community
www.partnershipformaleyouth.org

Thank you!

For the recording of today's webinar, and additional training & resources, visit

www.fpntc.org
@fp_ntc
Join the Implementing Male Health Services Community of Practice!

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We appreciate your feedback!

Thank you!