

Focus on Hypertension to Improve Reproductive and Maternal Health Outcomes

Plan for Improvement



Hypertension is one of the leading—and most preventable—contributors to maternal death and to disparities in maternal morbidity and mortality. Title X family planning projects can work to improve maternal health outcomes and reduce health disparities by focusing on hypertension prevention and control. Use this worksheet to record priority actions or change ideas and create a plan for improvement.

Action/Change Idea	What action or change will occur?	Who will carry it out?	By when?	What resources are needed?	How and with whom will we communicate?	What are our immediate next steps?
<i>For example: Integrate hypertension prevention and screening into all client visits</i>	<i>Measure, interpret, and document blood pressure for all clients using evidence-based protocols</i>	<i>Certified medical assistant to measure and document; registered nurse and/or provider to interpret</i>	<i>January 1, 2022</i>	<i>Updated policy and protocol</i>	<i>We will hold a meeting with all clinical staff to discuss changes to existing protocol</i>	<i>Update policy and protocol for blood pressure measurement based on current guidelines</i>