



Advancing Equity through Replication of EBPs and Services (TPP23 Tier 1)

Expectations

Introduction

This document provides a deep dive into each of the expectations of this grant program. The purpose is to provide a clear blueprint to recipients support them in achieving the overall goal of the program which is to:

Improve sexual and reproductive health outcomes, promote positive youth development and advance health equity for adolescents, their families and communities through the replication of medically accurate and age-appropriate evidence-based teen pregnancy prevention programs (EBPs) and services.

Please note that the first six months of the grant is a planning period and should be utilized to achieve key milestones that results in the seamless execution of activities to meet all expectations of the award. The **Planning Period Checklist** should be used in consultation with the OPA Project Officer to demonstrate readiness for full execution of the project.

Expectation	Overview
<i>Project Management</i>	<ul style="list-style-type: none"> • Have a clear project management plan for managing the overall program, including managing all partners and sub-recipients which includes monitoring and tracking progress, completion, and quality of all program objectives and activities. • Recruit and retain highly qualified and diverse staff that are reflective of and understand the community/population. • Ensure all staff responsible for executing the project, including partner staff, are actively engaged, well-trained, and prepared to successfully fulfill their roles and responsibilities, this includes not only being trained on the EBP(s), but also on the skills and competencies needed to meet the overall goals and objectives of the project. • Utilize performance measures and other relevant data, including youth and stakeholder feedback, to develop, implement, and maintain a training and technical assistance plan for the professional development and capacity building of staff and subawardees/partners. • Have a plan for sustaining the impact of your project on advancing health equity in adolescent sexual and reproductive health outcomes and positive youth development in your community and among the population of focus. • Have a communication and dissemination plan that ensures effective communication with stakeholders (including partner organizations) and builds trust and empowers the community to serve as active agents of change.

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<p><i>Focus on Areas of Greatest Need and Facing Significant Disparities</i></p>	<ul style="list-style-type: none"> • Focus project on a community(ies) and population(s) that are is disproportionately affected by unintended teen pregnancy and STIs. • Have a defined community(ies), with clear geographic boundaries and a clearly identified population of focus <ul style="list-style-type: none"> ○ Primary participants to receive programming for this project are adolescents and youth (i.e., individuals between the ages of 10-24). • Continuously assess (at least on an annual basis) the needs and resources of the community and population of focus through the collection and analysis of qualitative and quantitative data to: <ul style="list-style-type: none"> ○ Maintain an understanding of what the specific needs and resources are, who the key stakeholders are, and the relationship between all these components that may be driving disparities within the community; and ○ Ensure efforts are being targeted to community(ies) and populations with greatest need. • Engage key stakeholders, community members and partners in data collection, interpretation of findings, and refining priorities.
<p><i>Ensure Equitable, Safe, Supportive, and Inclusive Environments</i></p>	<ul style="list-style-type: none"> • Execute the entire project and implement EBPs in an equitable, safe, supportive, and inclusive environment using trauma informed and positive youth development approaches. <p><i>*Project materials, practices, and services should not discriminate, alienate, exclude, or stigmatize youth and their families.</i></p> <ul style="list-style-type: none"> • Equitable environment - Addresses the root cause of the disparities in communities, including systemic and structural barriers such as racism, discrimination, power dynamics and privilege to ensure your population of focus have equal access to and rights to the same opportunities as others • Inclusive environment - Celebrate and amplify the voices and values of your population of focus. <ul style="list-style-type: none"> ○ Ensure they feel safe, respected, and engaged individually and in group settings. ○ Be aware and inclusive of and sensitive and responsive to their needs. • Trauma-informed approach – Recognize the diverse backgrounds and experiences of youth and apply core principles of a trauma-informed approach throughout the project. Principles include safety, transparency and trustworthiness, peer support, collaboration mutuality, empowerment and voice and cultural and historical awareness. • Positive youth development – Provide youth with experiences and opportunities for healthy and successful growth and development.

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<p><i>Replicate to Scale Evidence-Based Teen Pregnancy Prevention Programs with Fidelity and Quality</i></p>	<p>Identifying EBPs</p> <ul style="list-style-type: none"> • Ensure selected EBPs are a good fit for the needs of the community and population(s) of focus. • Programs to be replicated are those that meet the following criteria <ul style="list-style-type: none"> ○ <i>Study Quality</i> - Meets the criteria for the quality of an evaluation study per the criteria established in the HHS TPP Evidence Review (TPPER) protocol, version 6.0. ○ <i>Evidence of Effectiveness on Sexual Risk Behaviors</i> - At a minimum, one of the identified EBPs to be implemented must demonstrate impact on sexual risk behaviors using the evidence of effectiveness as outlined in the HHS TPP Evidence Review (TPPER) protocol, version 6.0. ○ [OPTIONAL] <i>Evidence of Effectiveness on Behavioral Risk Factors Underlying Teenage Pregnancy or Other Associated Risk Factors</i> - In addition to implementing at least one EBP with evidence of effectiveness on sexual risk behaviors, recipients may also implement EBPs that demonstrate impact on non-sexual behavioral risk factors underlying teenage pregnancy. <ul style="list-style-type: none"> ▪ If replicating such a program, the recipient must clearly demonstrate how the outcomes are related to preventing teen pregnancy and address the needs of the community and population of focus. • OPA must review and approve selected EBPs prior to piloting
	<p>Implementing EBPs</p> <ul style="list-style-type: none"> • Implement EBPs with fidelity and quality • Minor adaptations may be made to the program if they improve the fit and relevancy of the program to the community and population of focus <ul style="list-style-type: none"> ○ OPA must review and approve all proposed adaptations
	<p>Scaling EBPs</p> <ul style="list-style-type: none"> • Replicate EBPs to scale in 3 or more settings <ul style="list-style-type: none"> ○ Settings should clearly connect with the need of the focus population as well as the various physical and social environments where youth live, learn, work, play, and worship. ○ Adopt strategies to implement and scale the selected EBP to expand the reach of programs and serve greater number of youths, their families, and other key stakeholders with EBPs • Implement several EBPs to align with the needs of the community and population of focus. EBPs should: <ul style="list-style-type: none"> ○ Lay the foundation for developmentally appropriate behavioral skills related to improving sexual and reproductive health outcomes and promoting positive youth development • Be offered to youth over the course of their adolescence and should be sequential, consistent, and reinforcing.

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<p><i>Adolescent Friendly Supportive Services</i></p>	<ul style="list-style-type: none"> • Identify, actively engage, collaborate with, and maintain a network of diverse, multi-sector partners in order to increase awareness of, access to, and utilization of adolescent friendly services which address the needs of the population of focus. <ul style="list-style-type: none"> ○ Develop a robust network of diverse, multi-sector partners with specific processes and protocols for connecting youth and their families to supportive services; ○ Ensure partners address the various needs of the community and population of focus while also complementing the implementation of EBPs, to include but not limited to, sexual and reproductive health serves and mental health services. • Utilize your needs assessment to assess the extent to which the community and population are aware of, able to access, and utilize available resources; specifically engage youth and their families to understand what unique barriers prevent them from accessing services. • Implement strategies to build the capacity of youth and their families to independently navigate systems and be able to advocate for high quality, adolescent-friendly care • Assist health providers and health care settings in offering adolescent-friendly healthcare services.
<p><i>Materials Review</i></p>	<ul style="list-style-type: none"> • Ensure all materials used and information disseminated within the project and in the replication of the EBPs are: <ul style="list-style-type: none"> ○ Age appropriate ○ Medically accurate ○ Culturally and linguistically appropriate ○ Trauma informed ○ Inclusive of all youth • Inform OPA of the review process, findings, and plans to address any issues identified <ul style="list-style-type: none"> ○ Utilize subject-matter experts (e.g., age appropriateness, medical accuracy, etc.) to review all materials used and information disseminated within the funded project and in the replication of EBPs. ○ Make any necessary changes prior to implementation with OPA approval • You may not begin implementation of EBPs or use and disseminate materials without approval from OPA • Continuously assess materials, at least annually, to ensure they remain culturally appropriate, age appropriate, medically accurate, and trauma-informed. <p><i>*OPA may require you to submit your program materials for a medical accuracy review.</i></p>

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<i>Meaningful Youth Engagement</i>	<ul style="list-style-type: none"> • Meaningfully engage youth, as respected and equal partners, in the design, implementation, and monitoring of the project. • Develop and implement a strategy that honors and amplifies youth perspective and expertise and fosters meaningful adult-youth partnerships in an environment where youth feel safe, respected, engaged, and valued for who they are and their contributions to the project and their community.
<i>Parent/Caregiver Engagement</i>	<ul style="list-style-type: none"> • Develop and implement a strategy for parents/caregivers that supports them through guidance and education to: <ul style="list-style-type: none"> ○ Respect the developing agency of adolescents ○ Develop and maintain positive relationships and reinforce positive, healthy decision-making
<i>Overall Community Engagement</i>	<ul style="list-style-type: none"> • Develop and implement a strategy for engaging key stakeholders, community organizations and leaders throughout the project, including in the design, implementation, and monitoring of the project. <ul style="list-style-type: none"> ○ Engagement strategy should build trust; enlist new resources and allies; enhance communication; and empower community members and organizations in their roles as active agents of change. ○ Approach is tailored to the community with the goal of having a sustained impact on advancing health equity in adolescent sexual and reproductive health outcomes and positive youth development. • Develop and/or leverage partnerships and/or coalitions to help mobilize resources, influence systems, and serve as catalysts for changing policies, programs, and practices within the community. • Key stakeholders, community organizations, and leaders should be reflective of the community and population served and include youth, parents/caregivers, youth-serving professionals, and other youth-identified trusted adults.

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<p><i>Monitor and Improve</i></p>	<ul style="list-style-type: none"> • Have a Monitoring and Improvement Plan (MIP) that ensures programs and services offered are equitable, accessible, of the highest quality and best fit for the community(ies) and population (s) served. The MIP should: <ul style="list-style-type: none"> ○ Have established procedures that ensures you are monitoring progress throughout the project to include: <ul style="list-style-type: none"> ▪ Assessing how well the project is reaching populations experiencing health inequities ▪ Identifying issues/problems and strengths of the project ▪ Making adjustments and improvements that will support reaching project goals and objectives. ○ Clearly demonstrate how performance measures will be collected and reported to OPA to ensure complete and accurate data is reported on a semi-annual basis. ○ Demonstrate how you use performance measures and other relevant data, including youth and stakeholder feedback, to: <ul style="list-style-type: none"> ▪ Monitor progress ▪ Inform professional development and capacity building of staff and partners ○ Have a Fidelity Monitoring plan that ensures that at least 5% of EBP implementations and 100% of facilitators are observed on an annual basis for fidelity and quality ○ Monitor the extent to which: <ul style="list-style-type: none"> ▪ Youth, parents/caregivers, and the community are meaningfully engaged throughout the project ▪ Components of the project, including the EBPs, are implemented in an equitable, safe, supportive, and inclusive environment ▪ Project approach is increasing awareness of, access to, and utilization of adolescent-friendly supportive services. ○ Foster collaboration and data-sharing between implementation staff, evaluation staff, and other partners (if applicable) to reflect a team approach. <p><i>* You should not allocate more than ten percent of requested federal funds to the collection and analysis of data related to the project.</i></p>