Achieving Pregnancy: Assessment, Counseling and Education

Webinar Follow-up Activity
Facilitator Instructions

Purpose
The purpose of this activity is to help staff discuss and plan how to best serve clients at their specific site who desire pregnancy.

Who Should Participate
- Clinic managers, supervisors, project directors, clinicians and others responsible for determining job roles and duties, and
- Clinic staff who can offer input into how to best provide services to those who desire pregnancy

Objectives
By the end of this activity participants will be able to:
- Examine their own personal practices with clients, and plan for how to enhance the services they provide on achieving pregnancy
- Identify other service site practices for clients who desire pregnancy and determine a plan for any enhancements

Preparation
Make a copy of the Optimizing Services for Clients Who Desire Pregnancy—A Service Site Primer for each participant. (See page 3 of this document.)
Instructions

1. View the webinar “Achieving Pregnancy: Assessment, Counseling and Education” and encourage other staff to view it (if they have not already).

2. Read the tool Optimizing Services for Clients Who Desire Pregnancy—A Service Site Primer and think about how you would personally answer each question.

3. Invite other staff to read the tool and think about their answers to the questions.

4. Gather as a group or during a staff meeting and discuss your answers. List the main points on flipchart paper or a whiteboard for all to see. If these are not available, you can use a notepad.

5. Focus on your group responses to the questions on this tool, and determine any changes that would improve services at your site for clients who desire pregnancy.

6. Write a plan that includes which staff will do what, and how it will be documented. It can be helpful to have a “team” plan with a timeline.

7. Share the plan with others and determine the best process for implementing and supporting this plan.

Wrap Up

Reflecting on the “Achieving Pregnancy” webinar and this activity, invite each participant to share one thing she or he will personally do to enhance the services provided for clients who desire pregnancy.

Close by summarizing the rationale for providing services on achieving pregnancy, including:

- Clarify client misperceptions and inaccurate information about fertility and infertility
- Be prepared to talk with clients who respond to reproductive life planning questions with a desire for pregnancy
- Provide an opportunity to promote healthy behaviors that preserve and maximize fertility
- Empower women and men by providing fertility awareness information
Optimizing Services for Clients Desiring Pregnancy

A Service Site Primer

The following questions will help you to examine and improve your practices in serving clients who desire pregnancy. You may choose to use this tool to examine:

- Your personal practices with clients and plan for enhancements to the services you provide
- Your service site’s practices with clients, a plan for enhancements, and any needed staff training

1. How often do you serve clients who desire help in achieving pregnancy?
2. In what types of visits do you encounter clients who need help achieving pregnancy?
3. How comfortable do you feel talking to clients about their fertility and future pregnancies?
4. How do staff members at your service site ask clients about reproductive life planning?
   - Which staff members are responsible for asking about reproductive life planning?
   - How do you incorporate these questions into a dialog with clients and/or on written forms?
   - What visit types prompt you to ask about reproductive life planning?
   - Where in the client’s medical record will you document her or his pregnancy intention/RLP?
5. Which staff members at your service site are responsible for educating clients about achieving pregnancy and maximizing their fertility?
6. What tools do your staff use to educate clients about achieving pregnancy?
7. What training would your staff members benefit from?
   - Review of fundamental menstrual and fertility principles
   - Introduction of educational tools to explain fertility to clients
   - Role playing reproductive life planning scenarios and fertility awareness education
   - Other?
8. How can you make your service site more client-friendly to those who desire pregnancy?
9. What client education materials would be helpful to have when serving clients who desire pregnancy?
10. How can staff bill for the time educating clients on achieving pregnancy?